

Funded by



SERVICE OFFER

Secondary schools

WHY US ?

We are a partnership of three youth-focused charities, working together to support young people's wellbeing, relationships, and futures. Our combined expertise makes us a trusted choice for schools and communities.

RSE Specialists

- We deliver engaging, age-appropriate Relationships and Sex Education led by experienced professionals.

Holistic Support

- Our partners includes experts in youth work, education, group facilitation, and family support.

Streamlined Referrals

- As a joined-up partnership, we offer internal referrals for quicker access to the right support.

Up-to-Date Signposting

- We stay informed on local and national services to guide schools and young people effectively.

Community-Driven

- We're rooted in the communities we serve, building lasting relationships with schools and young people alike.
- Bradford Council-funded service, offered at no cost to local schools

Together, we provide a connected, compassionate service that puts young people first.

OUR SERVICES

CURRICULUM AUDITS & PEER REVIEWS

1

A curriculum audit is a structured review of your school's current curriculum – specifically looking at what is being taught, how it's delivered, and whether it meets key standards and the needs of your students.

Our student-led peer reviews give young people a voice in shaping how RSE is taught in your school.

CLASSROOM DELIVERY

2

Bring in expert, youth-friendly speakers to deliver engaging, inclusive RSE sessions tailored to your students. We cover key topics – all aligned with statutory guidance. One-off workshops or multiple sessions available.

ASSEMBLIES

3

Our expert speakers deliver engaging, age-appropriate assemblies on key topics. Designed to spark reflection and conversation, all content is aligned with statutory RSE guidance.

TARGETED GROUPS

4

We can deliver tailored Relationships & Sex Education (RSE) sessions to specified groups of students designed to meet their individual needs. Our interactive approach creates a safe space to explore topics –helping young people feel confident, informed, and empowered.

STAFF CPD

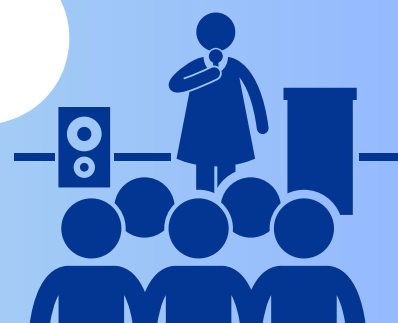
5

Empower your team with practical, trauma-informed training on emotional wellbeing, respectful relationships, and safeguarding. Creative tools, real-life case studies, and inclusive strategies—ready to use in any classroom.

PARENTAL WORKSHOPS

6

For more information on this service, please contact us!



NOT SURE WHAT IS RIGHT FOR YOUR SCHOOL?

We will have an initial meeting to discuss your schools needs and the most appropriate service for you!



Our RSE sessions are built on reliable, up-to-date information from trusted sources, including national guidance, leading health and education organisations, and current best practice. We ensure everything we deliver is fact-checked, age-appropriate, and inclusive, so students receive accurate and relevant information they can trust.

TOPICS

PUBERTY

Students explore the emotional, physical, and social changes that come with adolescence. The session promotes body confidence, self-awareness, and respectful conversations around growing up.

HARASSMENT AND STALKING

This topic helps students recognise inappropriate behaviours, understand boundaries, and learn how to seek help. It empowers them to identify and report harassment, both online and offline.

CSE/ GROOMING ONLINE

Students learn how grooming works, how to spot warning signs, and how to protect themselves and others. The session builds digital resilience and encourages safe, informed online choices.

SEXUAL HEALTH

This session covers the basics of consent, contraception, STIs, and healthy relationships. It promotes informed decision-making, respect for self and others, and access to support services.

TEENAGE RELATIONSHIP ABUSE

Students explore what abuse can look like in teenage relationships—emotional, physical, or digital. The focus is on recognising red flags, understanding consent, and knowing how to get help.

MISOGYNY VS POSITIVE ROLE MODELS

This topic challenges harmful gender stereotypes and online misogyny, while highlighting respectful, positive male role models. It encourages critical thinking and respectful peer culture.

PREGNANCY AND OPTIONS

Students learn about pregnancy, choices available, and where to seek support. The session is non-judgmental and inclusive, focusing on informed decisions and emotional wellbeing.

DANGEROUS SITUATIONS

This session equips students with strategies to stay safe in risky or uncomfortable situations—whether online, in public, or in relationships. It builds confidence in recognising danger and asking for help.

FGM, VIRGINITY TESTING AND HYMENOPLASTY

Students learn about harmful practices that violate bodily autonomy and human rights. The session promotes understanding, empathy, and the importance of speaking out and seeking support.

HEALTHY FRIENDSHIPS

This topic explores what respectful, supportive friendships look like. Students reflect on trust, boundaries, and how to navigate changes in peer relationships.

CSE/ GROOMING FACE TO FACE

Students learn how grooming can happen in person, how to spot manipulative behaviours, and how to protect themselves and others. The session builds awareness and confidence to seek help.

FERTILITY AND PREGNANCY OPTIONS

This session covers the basics of fertility, pregnancy, and the choices available. It's inclusive, non-judgmental, and focused on informed decision-making and emotional wellbeing.

BUILDING A HEALTHY RELATIONSHIP

Students explore the foundations of trust, communication, and mutual respect. The session encourages reflection on personal values and how to build relationships that feel safe and empowering.

INDECENT IMAGE ABUSE

This topic helps students understand the risks and consequences of sharing or receiving explicit images. It promotes digital safety, consent, and knowing how to report abuse.

HATE CRIMES

Students learn what hate crimes are, why they're harmful, and how to challenge prejudice. The session promotes empathy, inclusion, and standing up for others.

SOCIAL MEDIA HARMS

This session explores the impact of social media on wellbeing, body image, and relationships. Students learn how to manage screen time, spot harmful content, and protect their mental health.

SEXUAL CONSENT

Students learn what consent looks like, how to give and receive it, and why it's essential in all relationships. The session promotes respect, communication, and personal boundaries.

SELF EXAMINATION

Students learn how and why to check their bodies for signs of illness, including breast and testicular self-exams. The session promotes body awareness and early help-seeking.

SEXUAL VIOLENCE

This topic helps students understand what sexual violence is, how to recognise it, and how to seek support. It's delivered with care, focusing on safety, empathy, and survivor support.

CONTRACEPTION

This session covers different types of contraception, how they work, and where to access them. It promotes informed choices, sexual health, and respectful relationships.

PEER PRESSURE AND EVERYDAY CONSENT

Students explore how peer pressure affects decision-making and how to assert boundaries in everyday situations. The session builds confidence and respectful communication.

COMMITMENT AND FORCED MARRIAGE

Students learn the difference between healthy commitment and coercion. The session raises awareness of forced marriage, promotes autonomy, and highlights support networks.

**NOT SURE WHAT TOPICS TO CHOOSE?**

Through our consultation with you, we will discuss any reoccurring issues your students are facing or topics you feel might need to be reinforced by an external speaker.

FAQS – RSE DELIVERY

Q: Who delivers the RSE sessions?

A: Our sessions are delivered by trained professionals with expertise in Relationships and Sex Education, youth work, and counselling. We create a safe, inclusive space for all students.

Q: Are sessions age-appropriate?

A: Yes. All content is carefully matched to age, understanding, and maturity, in line with DfE statutory guidance and best practice.

Q: Can we choose which topics are covered?

A: Absolutely. We work with each school to design sessions that fit your curriculum, priorities, and students' needs.

Q: How do you handle sensitive questions or disclosures?

A: Our team are trained to manage sensitive topics with care and professionalism. We follow clear safeguarding protocols and encourage open, respectful discussion while keeping student wellbeing a top priority.

Q: Do you involve parents/carers?

A: We can support parent engagement through parents/ open evenings at your school. We believe in working together to support young people.

Q: Will this replace what the school already teaches?

A: No. We work in partnership with schools to complement and enhance their existing RSE curriculum – not replace it. Our sessions bring in fresh voices and specialist knowledge.

Q: Is there a cost to your service?

A: No. Our service is FREE to ALL Primary/ Secondary schools and Alternative provisions in Bradford and Keighley.

HOW CAN I BOOK?

To book please contact our schools booking coordinator:
RSE@step2.org.uk / 07539334228

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THANK YOU